

**COUNSELING IN THE LOCAL CHURCH I:
Lay Counseling & Practical Ministry**

Professor: Stephen D. Cloud, DMin.
Wednesdays 6:30-8:00 P.M. ROOM A209

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Briarwood Lay Counselor/Practical Ministry Training students do not register for academic credit or receive an academic grade. BTS Certificate Students complete and submit all assignments expected of Lay Counseling students (plus additional assignments noted in syllabus). You will receive an academic grade.

COURSE PURPOSE

The purpose of this course is to introduce the principles of Biblical counseling that will form a practical theological foundation for the process of developing a personal counseling ministry within a local church.

COURSE OBJECTIVES

1. The student will better understand the theological and doctrinal foundations of Biblical Counseling.
2. The student will better understand the basic tenets of Modern Psychology and be able to differentiate a biblical approach to solving life problems from psychological approaches.
3. The student will observe (through video and role playing) real Biblical Counseling taking place.
4. The student will be able to articulate a basic biblical theology that provides the framework for the methodology of personal ministry and biblical counseling

Course texts:

A Theology of Biblical Counseling by Heath Lambert (Required for all; this will be our primary textbook)

Union with Christ by Rankin Willbourne (required for Seminary, optional for others)

Instruments in the Redeemer's Hands by Paul David Tripp (required for Seminary, optional for others)

Collateral texts —

Why Biblical Counseling? An Appeal for Scriptural Sufficiency by Ab Abercrombie

Counseling: How to Counsel Biblically by John MacArthur (and The Master's College Faculty)
Scripture and Counseling: God's Word for Life in a Broken World by Kellemen & Forrey (editors)

The Pastor and Counseling: The Basics of Shepherding Members in Need by Jeremy Pierre & Deepak Reju

Counseling Under the Cross: How Martin Luther Applied the Gospel to Daily Life by Bob Kellemen

Side by Side: Walking with Others in Wisdom and Love by Edward Welch

The Biblical Counseling Movement after Adams by Heath Lambert

Biblical Counseling Basics: Roots, Beliefs, & Future by Jeremy Lelek

Additional Requirements for Seminary credit

- Read a minimum of 300 pages from the Collateral texts above. Submit a summary (1/2 to 1 page) on each of your reading selections.
- Complete 4 questions (**page 6**) for the mid-term (**due October 23**) and 4 questions (**page 6**) for final exam (**due November 13**). Answers should be 1-1 ½ pages in length for each question (typed 1.5 spacing, 12 pitch)
- View videos that are listed below (**page 5**)

Course Schedule

September 4

What is Biblical Counseling? Biblical Counseling & Scripture; Biblical Counseling and the Church;

Lambert 11-64; 304-319

Kellemen 17-76; 94-108; 126-158; 177-198; 245-261

MacArthur 222-230

Lelek 1-35

September 11

Biblical Counseling and Scripture; Biblical Counseling and Common Grace

Lambert 65-101; 326-329

Kellemen 318-37

Lelek 47-81; 204-231

September 18

Dr. Chesley Peed, Women's and Children's Counselor

September 25

Biblical Counseling and Theology

Lambert 102-135

MacArthur 51-63

October 2

Union with Christ and Biblical Counseling; Biblical Counseling and Christology

Wilbourne 27-94

Lambert 136-157

Kellemen 109-125

Tripp 95-114

October 9 Union with Christ (continued); Biblical Counseling and the Holy Spirit

Wilbourne 133-210 (Also Part IV on “Abiding” is excellent)

Lambert 158-179

MacArthur 79-87

October 16 (BTS Fall break; OUR CLASS WILL STILL MEET)

Dr. Chesley Peed, Women’s and Children’s Counselor

October 23 (Seminary mid-term exam questions are due) Biblical Counseling and the Theology of Humanity

Lambert 180-213

Lelek 127-152

Biblical Counseling and Salvation; Biblical Counseling and the Lay of the Land; Mental Disorders, Medicine, and Counseling

Lambert 274-303; 321-325

MacArthur 18-50

October 30

Biblical Counseling and Sin; Biblical Counseling and Suffering

Lambert 214-273

Tripp 141-161

The Heart of the Matter is a Matter of the Heart; Speaking the Truth in Love

Tripp 37-94; 199-238

Kellemen 262-277

November 6

Biblical Counseling and the Church

Lambert 304-319

Listen and Learn: Data Gathering

Tripp, 161-198; 277-317

MacArthur 131-161; 265-268

How to Grow and Change; The Doctrine of Progressive Sanctification

Lelek 153-164

November 13 (Seminary papers are due; Seminary final exam questions are due)

Dr. Chesley Peed, Women's and Children's Counselor

Seminary Students are required to view (listening is fine) the following videos (these are recommended for all students)

Love and Respect by Emerson Edderichs

<https://www.youtube.com/watch?v=388ZduTXiws>

The Dynamic Heart in Daily Life by Jeremy Pierre

<https://www.youtube.com/watch?v=Y8YMhFFgV2o>

<https://www.youtube.com/watch?v=6Zs4mayaoDE>

<https://www.youtube.com/watch?v=3XYysydowCQ>

Rosario Butterfield

<https://vimeo.com/143656103>

<https://www.youtube.com/watch?v=AQPSEeE4UfE>

Mid-term and Final Exam Questions

(for Seminary students only)

- 1. Describe the inspiration, inerrancy, and authority of Scripture as well as the relationship of each one of these issues to one another.**
- 2. Describe the sufficiency of Scripture. Relate the doctrine of the sufficiency of Scripture to the practice of biblical counseling. Research and respond to the**

- arguments of at least one integrationist or Christian Psychologist regarding the insufficiency of Scripture for counseling.
3. Explain the doctrine of common grace relating the doctrine to the ability of secular psychologists to understand true information about the human condition.
 4. Explain the doctrine of the noetic effects of sin relating the doctrine to the ability of secular psychologists to understand true information about the human condition.
 5. Explain each of the following attributes of God describing the practical implications of each attribute for life and counseling: wrath, mercy, holiness, omnipotence, omniscience, and omnipresence.
 6. Describe the dual natures of Jesus Christ and explain why this reality is crucial for salvation.
 7. Provide a biblical description of the dichotomist view of mankind. Explain the counseling implications of this doctrine with regard to the inner and outer man.
 8. Describe the role of repentance in beginning and continuing in the Christian life. Explain the importance of the doctrine of repentance for biblical counseling.
 9. Provide an explanation of and the biblical basis for the doctrine of substitutionary atonement, explaining the implications of this doctrine for human guilt over sin. Relate your understanding of this to the concept of false guilt.
 10. Describe the doctrine of Union with Christ explaining its biblical basis and implications for Christian living.

